IRWINDALE RECREATION



STEPPING STONES

Adult Program



NEW CLASS!

MONDAYS

5PM - 5:30PM

JANUARY 11, 2021 - JUNE 7, 2021



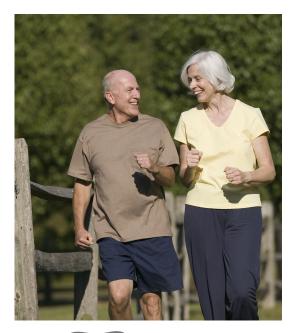


Dan Diaz Recreation Center 16053 Calle de Paseo, Irwindale, CA 91706 626-430-2224 www.irwindaleca.gov #iRecROCKS









In this class you will walk on your own on whatever day and time suits you best. On Monday evenings we will come together via Zoom to talk about how our walks are going, if any cool new trails have been discovered and how walking is helping us feel healthier and happier. This group is meant to encourage each other and help each other start a healthier lifestyle.

Participants must have access to a computer, laptop or smart phone with audio/visual capabilities.

Those
16 years of age
and older are
welcome to
register.

CLASS LED BY: AMANDA OROSCO AND DANIEL PAYNE

January 11th - June 7th @ 5pm

Registration is FREE

Residents may register Monday, December 14th - Thursday, February 4th Non residents may register Monday, January 4th - Thursday, February 4th To register contact Melissa Marez by emailing mmarez@irwindaleca.gov or call 626-430-2225

Remember when you walk to dress in comfortable clothes and walking shoes. Don't forget to bring your water!

The Irwindale Recreation Department may use photos, film, videotape or otherwise reproduce the image and/or voice of any person who participates in any City of Irwindale program, class or special event and use the same for any purpose without any payment, your participation in any event, class or program constitutes your persmission to use your likeness.



Hours of Operation Mon - Thurs 8am - 6pm.